

DOWN



1 Attach a 6ft leash. This stops your puppy from wandering off too far and keeps you in control.



7 Release him from the command with an 'Ok'. Praise him some more for doing so well.

SIT



2 For this command, it's best to start your puppy in the 'Sit' position.



8 Practice this exercise a few times a day for about 5-10 minutes at a time.



3 Put a treat near your puppy's nose. Let him lick it, just to get his attention.

DOWN

4 Say 'Down'



5 Then using the treat, lure your puppy's nose towards the ground and out along the floor in your direction.



6 When he's down, say 'Yes' to reinforce the command. Keep him there using treats and encouragement.

NOTES

For more info visit MyPuppySchool.ca/Lessons/Down