

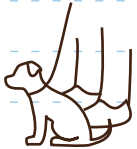
# HEEL



**1** Attach a 6ft leash. This stops your puppy from wandering off too far and keeps you in control.



**7** Once you have him back on your left side, repeat 'Heel' and continue forward.



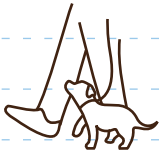
**2** Start with the puppy on your left side. Have treats in your hand as an incentive.



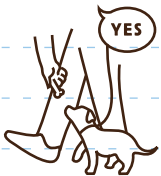
**8** Practice this exercise a few times a day for about 5-10 minutes at a time.



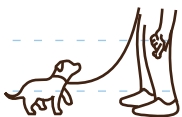
**3** Say 'Heel'



**4** Walk off together at a brisk pace. Use treats to keep him by your side.



**5** Talk to your puppy and praise him when he does well.



**6** If your puppy wanders off, just stop and regain control by using treats and encouragement.

## NOTES

For more info visit [MyPuppySchool.ca/Lessons/Heel](https://www.mypuppyschool.ca/Lessons/Heel)

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